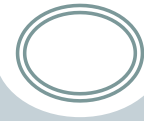


Empowerment Through Self-Advocacy



HOW MEMEC SUPPORTS OUR CLIENTS?
ST GEORGE'S CONFERENCE CENTRE,
13 JUNE 2025

PREPARED AND PRESENTED BY
DR. SABAH ACHHIDE

What is Self-Advocacy?

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- Knowing your rights and expressing your needs
- Seeking support confidently
- Taking control of your life
- Leads to empowerment and independence

MEMEC's Advocacy Services

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- Support for domestic abuse survivors with interpreting
- Assistance with asylum applications & housing
- Helping clients challenge refusals with legal partners
- Support for elderly, ill, homeless clients
- Coordinated care and practical assistance

Supporting Domestic Abuse Survivors

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- Language interpretation in all cases
- Reporting incidents to police & attending meetings
- Working with safeguarding & social services teams
- Emergency practical help: collecting children, food support
- Ensuring safety and wellbeing of families

Supporting Elderly & Vulnerable Clients

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- Case: 75-year-old homeless man in winter
- Ongoing coordination with housing, council & services
- Secured flat, furnished home, connected to care
- Case: 73-year-old asylum seeker with diabetes
- Provided food, medication, medical & mental health support

Client Stories – Empowerment in Action

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- Mother fleeing domestic abuse, no safe housing
- Helped apply for asylum & attended court as witness
- Challenged refusal with legal support
- Clients regain confidence, speak up & rebuild lives

Closing – Empowerment Through Self-Advocacy

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- Advocacy builds confidence & voice
- MEMEC walks alongside clients on their journey

“Together, we empower our communities”.
Thank you!

Contact us on:

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