



LIFE. LOSS. LEARNING. LEGACY.

**SELF ADVOCACY / STRENGTHENING COMMUNITIES
THROUGH STORYTELLING**

LIPPY PEOPLE

Video storytelling / Advocacy / Coaching

Life, Loss, Learning, Legacy (4Ls) Project

Values:

- Compassion
- Collaboration
- Creativity
- Belief in the potential of others

Power of storytelling / important of hearing stories & voices



**WHAT LEADS STORYTELLING TO
BECOME EFFECTIVE SELF
ADVOCACY?**

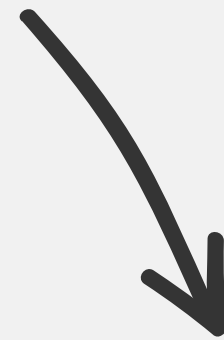
**COMFORT
& AUTHENTICITY**

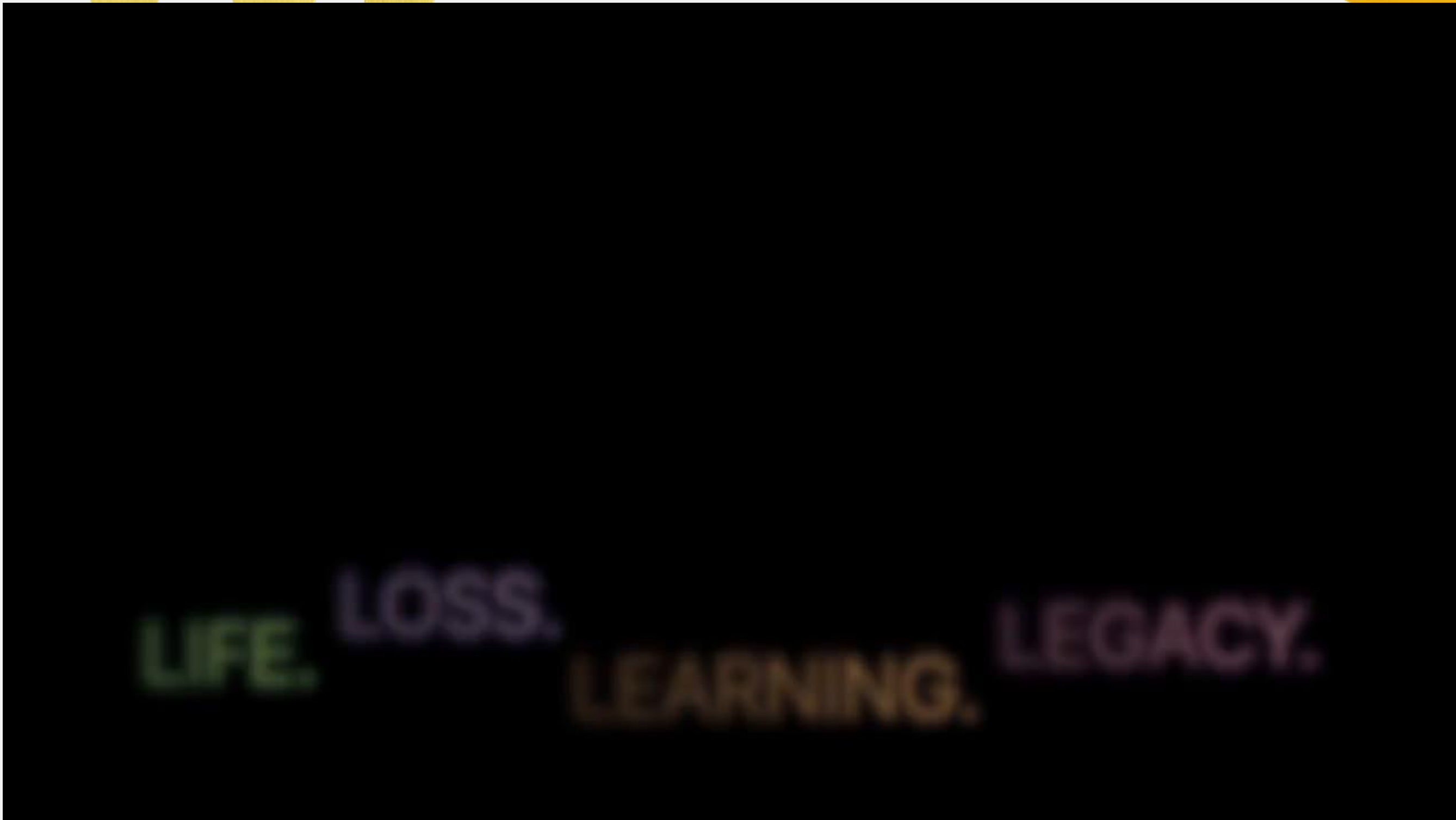
TIME

RESPECT

TRUST

**STRONG SELF
ADVOCACY**





JOE - BANG OUT OF
ORDER


JOHN - I STOPPED MY LIST AT 50 PEOPLE

LIFE. LOSS. LEGACY.
LEARNING.



LUKE - FATHERLY

LOVE

LIFE. LOSS. LEGACY.
LEARNING.





Let's hope others
listen to the videos
and come to us if
they feel sad and
then we can help
them.



I've learnt the importance of
talking. There is this thing about
being macho and it not being
manly to open up, but you don't
have to be like that - it's OK to
miss someone and talking about
them helps.

I'm proud of myself and
how I described those
things. Hopefully people
will see it and realise
they can talk about it as
well.



I feel like I learnt as
part of the group. I
want to do more videos
and would like to be
involved in the group in
the future.

Now I understand how
my story can help other
people. I'm feeling good,
I'm excited about
sharing it and helping
other people.



SCREENINGS

Don't Ignore Us - Screening Event

Leeds City Museum

March 18, 2025

- 3 storytellers sharing stories
- Expressed their feelings/thoughts on subject
- Confidence gained
- Participation in advocacy - increased & better self advocates



Thank
you!

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