

**The
Advonet
Group**

Providing Independent Advocacy



**Leeds
Autism
AIM**

Leeds Autism AIM

Advocacy, Information and Mentoring

**A FREE service for autistic adults with
little or no funded support**



We are
funded
by:



**COMMUNITY
FUND**



**Leeds
Clinical Commissioning Group**



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Community Fund, NHS Leeds CCG and Live Well Leeds**

What is Leeds Autism AIM?



Leeds Autism AIM is a free service offering advocacy, information, signposting, peer support and mentoring for autistic adults in Leeds with little or no funded support. We are co-led and mainly staffed by autistic adults. **All our services are available in person or remotely via phone, text chat, email or video call.**

Autism Hub sessions

We run regular sessions for booked appointments only at the Lovell Park Hub, running from **4pm-7pm**, which is at this address:

[Lovell Park Hub, Wintoun Street, Leeds LS7 1DA](#)

These are run twice weekly on Tuesdays and Thursdays, where we can offer one-to-one peer support from our autistic team members, help to produce self-advocacy resources and some monthly groups.

We have a number of other organisations who attend the Hub and we can book these in for people following an initial discussion with one of our team.

Advocacy

Leeds Autism AIM can provide advocacy support to help resolve a wide range of issues and help you to access services you want or need.

We have an Advocate within the team who can help with benefits applications and assessments for benefits such as Personal Independence Payments (PIP).

Info, mentoring and more

Information and Signposting

We are able to provide information and signpost you to whatever services you need. This can be at our Hub sessions, remotely or on our website at leedsautismaim.org.uk. We can also do personalised self-advocacy resources to help communicate your needs.

Mentoring

We have a free mentoring service, where we can pair you up with a volunteer mentor. They can help you to help achieve goals or overcome barriers. All mentors are fully-trained; some are autistic themselves. If you want to be or get a mentor, please contact us.

Peer-led Groups

We run a number of online peer-led groups, run regularly and facilitated by autistic members of the AIM team. We also have an Online Peer Support Hub on the Discord app.

One-to-One Peer Support

Leeds Autism AIM can provide one-to-one peer support with an autistic member of our staff team. This can help you to understand your autism and come up with strategies for managing day-to-day.

Post-Diagnostic Support

We have post-diagnostic support sessions every week. This service is for autistic adults in Leeds who have received their autism diagnosis within 12 months of booking an appointment with us.

Appointments are conducted with autistic members of our staff team.

Health Access Project

This is a project that supports autistic adults in Leeds to access GP services and get the health outcomes they need. This is achieved through one-to-one peer support, completing self-advocacy resources and liaising with GP surgeries.

Contact us

You can contact Leeds Autism AIM by email, phone or via our website.

If you call the number below, you will be put through to the First Contact Team (FCT) at the **Advonet Group** office. AIM is part of The Advonet Group.

Then, someone from the FCT will pass you on to a member of the Leeds Autism AIM team.



If you would like to make a referral, please go to this link: tinyurl.com/leedsautismaimreferral



0113 244 0606

**Advonet Group office opening times:
Monday-Friday, 9am-5pm**



Email us at leedsautismaim@advonet.org.uk



**Text: Include your name;
send to 07719 859 694**



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