

The Advonet Group

Providing Independent Advocacy

Turn to Us

Are you feeling scared, confused or anxious?

Are you working with social workers and want support to understand your choices and get your voice heard?

Do you want to learn to speak up for yourself? Our project can help you.



As part of a consortium, The Advonet Group, Touchstone and Age UK Leeds are working together to give people in Leeds a voice. We provide independent advocacy for you.

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About our project



Sometimes, when we are going through a difficult time, it is hard to understand things and say what we are feeling.

We have some offers that could help you.

Learn to be independent, get guidance and support.

Our **Turn to Us** project can help you.

Training

Learn about Self Advocacy and how to speak up for yourself.

You can attend a half-day session, or learn at a slower pace over four weeks.

You will have a chance to ask questions and practice with others who struggle to speak up.

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Peer Advocacy



Peer Advocates:

- Have personal experience of working with social workers and understand how you feel.
- Will listen to you.
- Can help you to understand the situation and how to ask for what you need.
- Help you to plan meetings and speak up.
- Help you to learn how to speak up and let them know what you feel you need help with.

Advocacy Referrals

You can be referred to The Advonet Group.

An Advocate will agree a plan with you and work with you on an Issue.

Advocate can't always get you what you want, but will help you to understand so you can make your own choices.

Contact us

We have a first contact team that can help you. To find out which advocacy service is the right one for you or to make a referral, you can contact us by phone, email, post or via our website.



0113 244 0606

Opening times: Monday-Friday, 9am-5pm



Email us at turntous@advonet.org.uk



Text: Include your name then send to [07719 859 694](tel:07719859694)



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The Advonet Group



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IN PEOPLE**



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