

**The
Advonet
Group**

Providing Independent Advocacy



Leep1 - Leeds People First

**We are a people first group run by and for
people with learning disabilities in Leeds**



Leep1



Leep1 is a self-advocacy organisation that is run by and for adults with learning disabilities in Leeds.



The People First Group meets once a month. It is a steering group which advises how we run our service. We talk about what our rights are and how we can fight for them.



We run lots of different groups. Some are in person. Others are online. Please see the full list of activities on our website or come visit us to have a chat about what we do.



Every month, we have a club night at a night-club in Leeds for adults with learning disabilities.



We have a social enterprise called Abilities Not Disabilities (AND). They help adults with learning disabilities to start their own business.

Café Leep



We run a café called Café Leep where adults with learning disabilities can train in a working café to gain an NVQ qualification in food safety. The idea of the café is to get more people with LD into work and gain more confidence.



cooking



We run two weekly cooking groups on a Monday and a Wednesday afternoon. The groups teach people how to prepare and cook healthy meals.

cafe



We help our trainees to find work placements at cafes and restaurants in Leeds.

We also run regular themed events in the café.

award



Café Leep also offer NVQ food safety qualifications to outside organisations. Call us to find out more details.



AND
#AbilitiesNotDisabilities

Contact us



If you need help or more information, you can contact Leep1!



Call Leep1 on 0113 243 9477

Leep1 opening times: Tuesday-Friday, 10am-3pm
Café Leep opening times: Monday-Friday, 9am-3:30pm



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