

# The Advonet Group

Providing Independent Advocacy



# IMHA

## Independent Mental Health Advocacy

### Advocacy for people sectioned under the Mental Health Act

As part of a consortium, The Advonet Group, Touchstone and Age UK Leeds are working together to give people in Leeds a voice. We provide independent advocacy for you.

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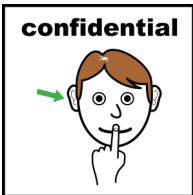


# What IMHAs can do

## Advocacy is...



- FREE
- CONFIDENTIAL: Ask for details of our confidentiality policy
- INDEPENDENT of anyone else involved with you



## You have a right to IMHA support if...



- You are sectioned under the Mental Health Act
- On a Community Treatment Order (CTO)
- Under Guardianship Order
- A conditionally discharged restricted patient

You also have a right to an IMHA if a 'special treatment' such as Electroconvulsive Therapy (ECT) (under-18) or neurosurgery is being discussed with you, even if you are not detained.

# Our advocates will support you...

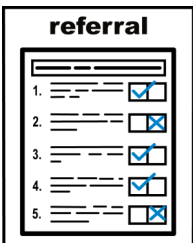


- To say what you want in decisions about your care and treatment
- To know your rights and make sure these are given
- In reviews and meetings e.g. ward reviews, CPAs
- To put your views across and understand your options



If you want, they can look at any records and speak to professionals to get information for you.

- We can help you to appeal against the section you are detained under



## Make a referral

You can make an advocacy referral for an IMHA by:

- Contacting us yourself or asking a relative
- Speaking to the advocate on your ward
- Asking someone from your care team to call us

# Contact us

We have a first contact team that can help you. To find out which advocacy service is the right one for you or to make a referral, you can contact us by phone, email, post or via our website.



**0113 244 0606**

**Opening times: Monday-Friday, 9am-5pm**



**Email us at [office@advonet.org.uk](mailto:office@advonet.org.uk)**



**Text: Include your name then send to **07719 859 694****



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IN PEOPLE**



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