

“ Advonet ”

Providing Independent Advocacy



Community Advocacy

**The right amount of advocacy
when you need it**

Advonet, Touchstone, SignHealth and Age UK Leeds are in a group. We all work together to give people in Leeds a voice. We provide independent advocacy for you.



What is Community Advocacy?



Advocacy helps you to say what you want, when you need it the most.

A Community Advocate works with you to:

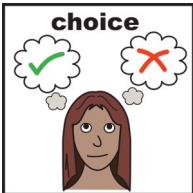


- Help make your voice heard
- Get the support you need
- Help secure your rights



What our service does

Community Advocacy helps you to understand your choices. It helps you have a say in what you need.



It is for any adult who needs help to have their voice heard. This helps when dealing with:



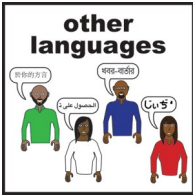
- Adult Social Care
- Healthcare professionals
- Department of Work and Pensions
- Utility companies and housing services



We are here to support you to keep your rights.

How we can help

What our Advocates do



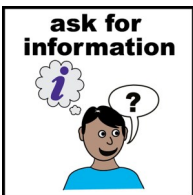
- Advocacy if you don't speak English as your first language
- Advocacy over the phone



- One-to-one meetings
- Support with specific issues
- Peer advocacy - Supporting communities or groups to advocate for change



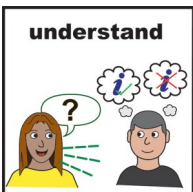
- Support for self-advocacy - Empowering you to say what your needs are and stress your rights



Information and signposting

You can contact our office from **9am to 5pm, Monday to Friday**. This is if you need information about organisations in Leeds which may be able to help you.

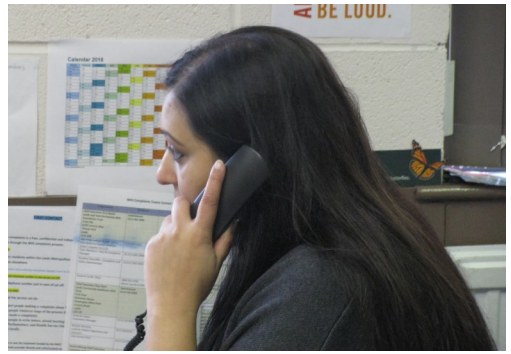
Our team of advocates know a lot. They speak many different languages.



They understand a lot of cultural, mental health and disability-related issues.

Contact us

We have a first contact team that can help you. To find out which advocacy service is the right one for you or to make a referral, you can contact us by phone, email, post or on our website.



Call 0113 244 0606

Opening times: **Monday-Friday, 9am-5pm**



Email our team at
office@advonet.org.uk



Send us a text message to
07397 939 820



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26 Roundhay Road
Leeds LS7 1AB



www.advonet.org.uk



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twitter.com/AdvonetUK



Our staff and volunteers
speak 13 different
languages



We do advocacy using
British Sign Language
(BSL)



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IN PEOPLE

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