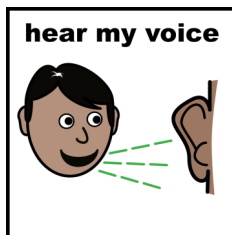


“Advonet”

Providing Independent Advocacy”



Advocacy helps you to be heard



Advonet, Touchstone, SignHealth and Age UK Leeds are in a group. We all work together to give people in Leeds a voice. We provide independent advocacy for you.



**THE DEAF HEALTH
CHARITY
SIGNHEALTH**



What is advocacy?

Advocacy is free, confidential and independent



Our Advocates listen to what **you** want. They help to put forward your point of view when:

- No-one is listening to you
- You don't agree with decisions that are being made about you
- You can't get the help you need
- You don't know who to speak to



What advocates do:



- Listen to you and respect your views
- Find out information to help you make a decision



- Make sure you know your rights
- Attend meetings and appointments with you. This helps to make sure your voice is heard
- If we can't help you, we will try to find someone who can

What advocates don't do:



- Act as support workers
- Make decisions on your behalf
- Speak on your behalf without asking you
- Provide advice or emotional support

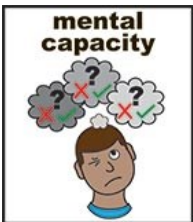
Our services



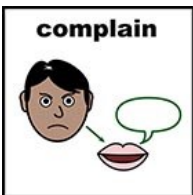
- **Community Advocacy:** Do you have an issue you need help with?



- **Independent Mental Health Advocacy:** Are you detained under the Mental Health Act? Do you need an advocate?



- **Independent Mental Capacity Advocacy:** Are important decisions being made about your care and treatment?
- **Care Act Advocacy:** Are you going through a social care process? Do you need help to be involved?



- **Health Complaints Advocacy:** Do you have a concern or complaint about any NHS treatment you have received?



- **Leeds Autism AIM** - A free advocacy, information and mentoring service. It is run by and for autistic adults



- **Leep1** - A people first group. It is run by and for adults with learning disabilities
- **Asking You!** - A self-advocacy project. It is run by and for adults with learning disabilities

Contact us

We have a first contact team that can help you. To find out which advocacy service is the right one for you or to make a referral, you can contact us by phone, email, post or on our website.



Call 0113 244 0606

Opening times: **Monday-Friday, 9am-5pm**



Email our team at
office@advonet.org.uk



Send us a text message to
07397 939 820



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26 Roundhay Road
Leeds LS7 1AB



www.advonet.org.uk



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Our staff and volunteers
speak 13 different
languages



We do advocacy using
British Sign Language
(BSL)



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IN PEOPLE

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